



What's happening?

from GRAHAM'S AND RANDY'S

DESK



By: Graham Morry, Executive Director and Randy Humchitt, Deputy Executive Director



NACL continues to maintain protocols and remain diligent in our efforts to keep people safe. We will continue to maintain this high level of COVID-related safety for the foreseeable future; and if necessary, until a vaccine is distributed.

As a reminder, our COVID-19 communiques to date are posted on our website on the following page (noting we've taken a break for the month of August, barring any significant updates needed):

<http://www.nanaimoacl.com/event>
(our "Happenings" page)

Stay Safe + Healthy



The Strategic Plan for the period of 2020-2021 has been finalized, and will be posted to all programs in short order. We will begin the process of a comprehensive deep dive examination of our services and where we want to be 5-10 years out in 2021 (either January or September, depending on pandemic developments). We will be looking for input from you all as we begin the next chapter of NACL's history.

In this issue >>>

<i>From Graham's and Randy's Desk</i>	1
<i>Uplands in Pictures</i>	4
<i>Let's Talk Communications</i>	5
<i>Membership Application Form 2020</i>	6
<i>Sherwood Home Report</i>	7
<i>Quality Assurance Report</i>	8
<i>Maxey Road Home Update</i>	9
<i>Human Resources Report</i>	11
<i>Actions Day Program Update</i>	12
<i>All Things PCP</i>	13
<i>Turner Connection Home Report</i>	14
<i>OH&S News</i>	15
<i>Jingle Pot Home Report</i>	16
<i>Employment Services Report</i>	17
<i>Coaches Corner</i>	18
<i>Caspers Way Home Report</i>	19
<i>Virtual Fitness Classes</i>	20
<i>Notice of NACL's 34th AGM</i>	21
<i>Social Media/Birthday Wishes</i>	22



graham & RANDY from the desk

Continued...



Housing UPDATE



Things are on schedule for our **Uplands Project**, with Occupancy Permit granted, tenants interviewed and approved, and staffing in place. I would like to thank everyone who helped bring this project to fruition.

The low end of market tenants will move in on October 1st. Persons served by NACL will begin moving in throughout September.

Phase 2—which is next door—is in process, with a proposal in to BC Housing for project development funding.

STAY TUNED

COVID-19 CORONAVIRUS

SERVICE IMPACTS



Our **Community Inclusion** and **Employment Services** have likely been the hardest hit in regard to the pandemic, as Actions' model is predicated on a certain amount of group activity – especially as people gather together before accessing the community – and NACL Employment Services lost the majority of its employers, at least temporarily.

To be clear, the Actions program never did close – but quickly pivoted to a model of virtual support, with some one-on-one on a case-by-case basis. NACL Employment Services had a similar approach with its job seekers, focusing on keeping job skills up until the economy recovers.

As we begin to look at resuming services, we need to do so with an eye for foundational change. This new service will have COVID-19 safety protocols, plus staggered hours/days to ensure physical distancing while promoting the principles of skill development – with the end goal of employment. I'd like to thank our staff for their willingness to be flexible and open as we reinvent our services.

graham & RANDY from the desk

Continued...



The fall will be a busy time for NACL regarding staff development. In addition to developing new initiatives and refining existing ones, we have been trying to provide training in a way that observes the COVID-19 guidelines while still offering a personalized learning experience.

As we look to the future of training, this may entail a mix of training mediums: in-person, physically distanced, online video modules, or a combination of both.

We will be moving forward with the Healthy Teams training that began in February of this year through Eclipse HR Solutions. Specifically, the second cohort will have the opportunity to complete their training—which was put on hold due to COVID-19.



CHILD & YOUTH LEADERSHIP

Also through Eclipse, we have been developing a training curriculum for staff working with children and youth to enhance their skills considering the specific needs of this population of persons served. Many of the staff in the child/youth programs had the opportunity to give their direct feedback to Eclipse as a part of curriculum development. We are excited to offer ASAP, once the training program is finalized.

We've had the opportunity to work with Myriam Verzat, a Compassionate Communications trainer, who has developed a 2-day curriculum for NACL which builds upon the foundational teachings in "Healthy Teams." Myriam defines compassionate communication as "a path to honest expression and deep understanding of each other in order to improve the quality of our relationships." The program has been offered to the full Management Team, and there is work currently being done to create a video-based training as well. We will continue to offer these trainings (both in-person and via video) to all staff in the future. For all the trainings noted, invitations to attend will be sent out via e-mail.



Thank You

We thank everyone in the Association for your continued care and diligence in keeping each other healthy, safe, and happy—not just during the pandemic, but always.

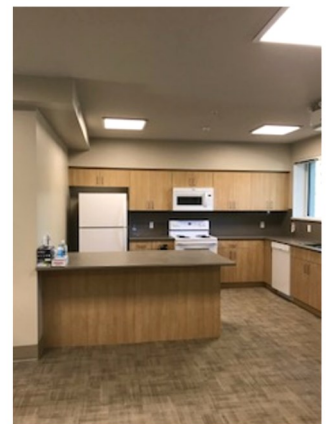
CONSTRUCTION UPDATE

UPLANDS *in* PICTURES

By: Sara Gilks, Program Coordinator 1

Well, the countdown is on! 😊 Everyone is so excited about the Uplands Project getting up and running...staff are hired, and people have picked their apartments. As of this writing, we are just awaiting the coveted Occupancy Permit, so that moving in can begin. We are all looking forward to spending time together building our community. Stay tuned for exciting things to be happening soon!!!

In the meantime, let's tease you a little more with some pictures of the exterior and our awesome Multi-Purpose Room! 😊



**ALMOST
READY**



Let's Talk communications



By: *Marlena Stewart, Executive Assistant*

Hi, everyone! Seems like yesterday I was working on our last Bulletin, and now we're already on the cusp of fall! Hope you're all managing as well as can be expected, in light of **COVID-19**. Communication continues to be crucial at a time like this, so I hope you've been able to keep connected with those most important to you—and that you're continuing to stay safe!

NACL has continued to be very active on **social media**—making sure we post something every business day across our main platforms (Facebook, Twitter, and Instagram), and business-related posts (i.e. job posting notices) as they happen on LinkedIn. It's been really exciting seeing the support we receive on a daily basis by "putting ourselves out there," and showing the cyber-world just what a great organization we are! Thanks again to all programs providing the awesome material that keeps our followers engaged—including provincial government entities!

An important piece of all this is telling our stories...and I'm VERY excited to announce that we launched NACL's **AMAZING STORIES** campaign this past week, both on social media and our website! Pat Bugera (our Communications Consultant) and I are currently interviewing persons served from our various programs and services, and it's been an absolutely incredible, inspiring experience. You know when you have those "I love my job!" moments? I'm having PLENTY of those right now! ☺

We kicked this off by featuring our **Home Share** program and a VERY special person to NACL's history—**founding daughter, Ruth!** Check out her Amazing Story here:

www.nanaimoacl.com/amazingstories-ruth

Huge thanks to Ruth and her Home Share Provider, Colen, as well as Leona, their Home Share Manager, for making this happen!

By the time you read this article, you'll have seen **one more Amazing Story** from Home Share, and also some information/links on both social media and our website about the program itself!

We'll be compiling the list of **links to all of our Amazing Stories** on our website—and the page with those (which also explains the "why" for doing it) is here:

www.nanaimoacl.com/amazingstories

We hope you'll **enjoy the journey** over the next year and beyond, as we share MANY Amazing Stories to come!

As always too, we hope you follow us on social media, if that's something you're into—it's a fun way to continuously see what cool things we're up to here at NACL! **@nanaimoacl** is our handle for pretty well all of them, so find and follow us on your favourite platforms!

Another piece of what I do is assist with NACL's **annual membership campaign**. As long as you haven't been an employee within the past two (2) years and are 19 or older, you can be a member for as little as \$1! If you can't be a member yourself, tell your friends/family—self-advocates are welcomed and wanted, as well! I'll include the membership form on the next page, but it's also on our website at www.nanaimoacl.com/membership. Contact me with any questions at marlena.stewart@nanaimoacl.com or (778) 268-2022. Thanks for the support—catch you in November!



FOLLOW US → **@nanaimoacl**

Memberships must be submitted/paid by **11:59 p.m. on Sunday, September 13, 2020** to have voting privileges at NACL's upcoming **Annual General Meeting on Monday, September 28th!** Thanks for your support...**MEMBERSHIP MATTERS!**



membership matters!

Your donation supports the work that Nanaimo Association for Community Living (NACL) has done for over 30 years in the mid-island region, empowering people with diverse abilities to live their best lives.

Memberships are valid until 15 days prior to the following year's Annual General Meeting.

CONTACT

Nanaimo Association for Community Living
c/o Marlena Stewart, Executive Assistant
#201 – 96 Cavan Street
Nanaimo, BC V9R 2V1
Office: 250-741-0224, ext. 224
Cell: 778-268-2022
Fax: 250-741-0227

WEBSITE

www.nanaimoacl.com

SOCIAL MEDIA

Facebook: facebook.com/nanaimoacl
Twitter: @nanaimoacl
Instagram: @nanaimoacl
LinkedIn: linkedin.com/in/nanaimoacl



membership application form 2020/2021

**“Building inclusive communities,
one bridge at a time.”
SINCE 1986**

Please forward your donation* (minimum \$1) and make cheques payable to **NACL** at the address provided, or visit our CanadaHelps page at <https://www.canadahelps.org/en/dn/19445> to donate online.

You can list multiple people on one membership, as long as each person named is at least 19 years old.

*Tax receipts will not be issued for cash/cheque donations less than \$25, unless requested.

Thank you kindly for your support!

YOUR INFORMATION

Name(s): _____

Mailing Address: _____

City: _____
Province: _____
Postal Code: _____
Primary Phone: _____
Secondary Phone: _____
E-mail: _____

AGREEMENT RE NACL CONSTITUTION AND BYLAWS

- ☐ By applying for membership, I/we agree to uphold NACL's Constitution and comply with its Bylaws.

FOR INTERNAL USE ONLY

- | | |
|--|---|
| <input type="checkbox"/> Database | <input type="checkbox"/> <input checked="" type="checkbox"/> Membership |
| <input type="checkbox"/> Spreadsheet | <input type="checkbox"/> <input checked="" type="checkbox"/> Bulletin |
| <input type="checkbox"/> Tax receipt (if applicable) | <input type="checkbox"/> Confirmation letter |



...at Sherwood Home!

By: Cindy Griffin, Senior Residence Worker



Hello all from Sherwood! 😊

As the world is opening back up, our kiddo is a little happier...although, still a bit reluctant to get up and get ready for the day—hahaha!!! He is happy that Airhouse is open up again...and the Snoezelen Room, too!!! After being outside in the heat, he enjoys coming into his air conditioned house and relaxing with a movie or some of his favorite music.

There are lots of things happening around the house itself. We are slowly but surely making sure this is a home for our young mister. The backyard is getting worked on, so he can enjoy his trampoline and pool for the days he prefers not to go out into the community...and we ALL have those days!

We, the staff at Sherwood, would love to welcome Dan Stapleton back to the team. Dan joined us for eight weeks earlier in the year, while one of our regular full-timers was off—and now we welcome him back as a permanent full-time member of our team!!!

Thanks for coming back, Dan! 😊😊😊





report



News & Updates

By Peter Letts, Quality Assurance Manager



With summer wrapping up, the QA Department is working diligently to complete the performance review cycle for 2020.

That starts with a look at (and assessment of) the various annual plans that we have in place to guide us. This includes plans that focus on things like Accessibility, Technology, and Diversity...as well as the Strategic Plan. We've evaluated how effective we've been in achieving the items in the plans.

We've also pulled all the survey data from Google and ShareVision as well as paper copies, and processed all the information for the report.

A big part of the performance review is looking at how effective we were in making the Person-Centered Planning process work for the people we serve.

We'll look at each plan and the resulting goals and progress, and see what kind of overall progress we've been able to make.



how
are we
DOING?



We continue to look forward to the includeMe! survey results on the quality of life of people served. So far, we understand the results are very encouraging. The final report has been delayed due to COVID.

A special thanks to our staff for maintaining a healthy and safe environment for everyone!

Stay safe out there!





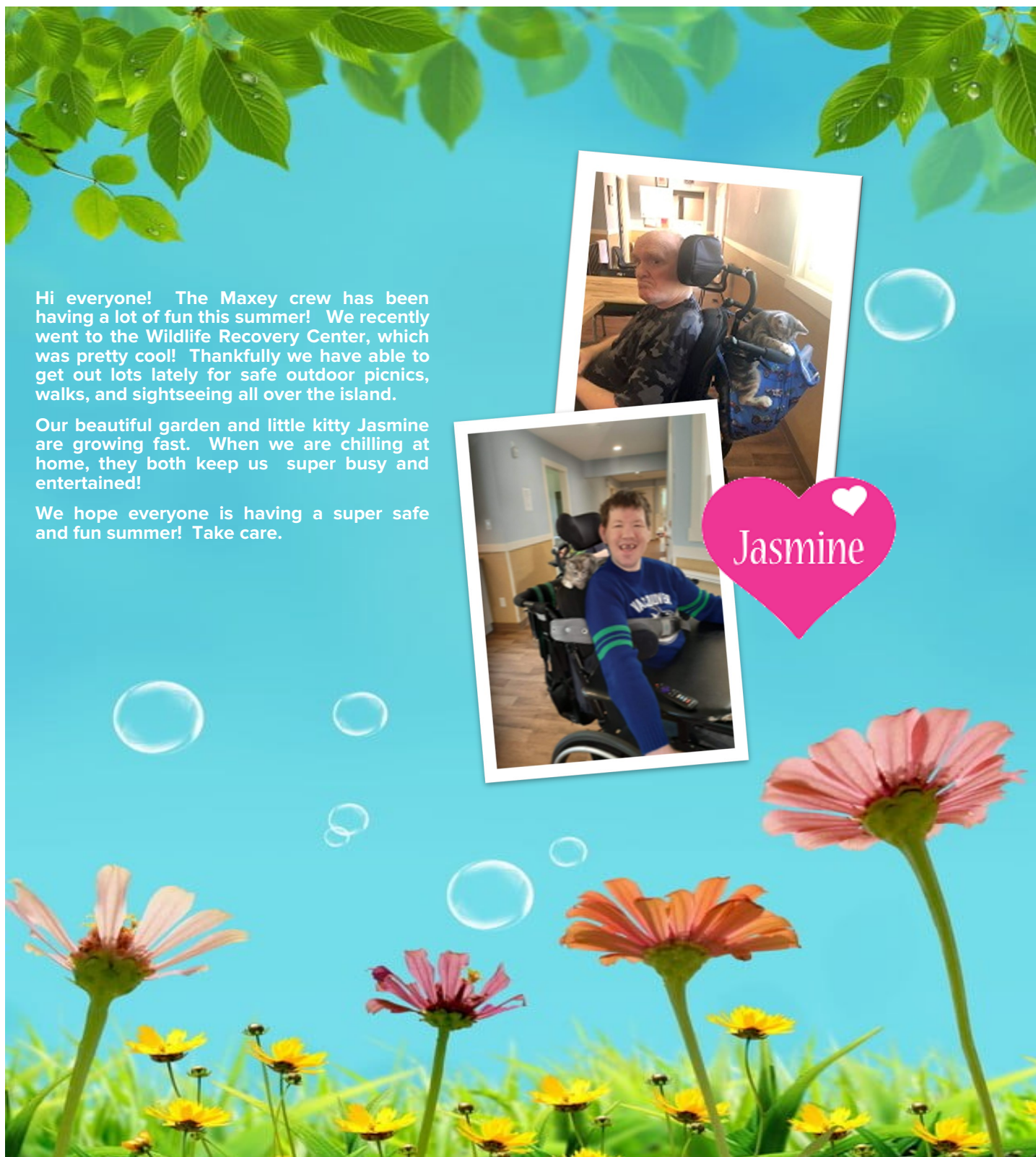
...at Maxey Road Home!

By: Amy Schwartz, Senior Residence Worker

Hi everyone! The Maxey crew has been having a lot of fun this summer! We recently went to the Wildlife Recovery Center, which was pretty cool! Thankfully we have been able to get out lots lately for safe outdoor picnics, walks, and sightseeing all over the island.

Our beautiful garden and little kitty Jasmine are growing fast. When we are chilling at home, they both keep us super busy and entertained!

We hope everyone is having a super safe and fun summer! Take care.





...at Maxey Road Home!

By: *Gretchen Brown, Program Manager*

**PART
DEUX**



**COMING
SOON**

Three volunteers met on Saturday, July 25th at Maxey Road Home and spent the day working on the community garden.

The perimeter foundation was measured and leveled, and is now ready for the next step—which will take place in September.

One person served spent some time supervising the work done by the volunteer operating the backhoe.

It was a long day, but the ideas were flowing and excitement building for the potential the garden has to enhance person serveds' lives.

The transplanted fruit trees donated by Angela T. have survived, and the apple tree even has apples!

I will be organizing a Garden Committee meeting, and if anyone is interested in helping out, give me (Gretchen) a call.



*Levelling the
perimeter...*



*Supervising the
backhoe...*



What an interactive summer this has been, as many of our platforms transitioned to an online presence. NACL has been welcoming enthusiastic individuals to our team throughout this pandemic—and we are so happy and grateful for everyone's hard work and due diligence in keeping each other safe, happy, and healthy.

A big shout-out to our **NEWEST** team members for casual on-call since our last report:

MAYA KREY, OLAGBADE JOSEPH, EMINIYNE ERIAMETER, NATASHA JAMES, AMANDA WYNN, LEAH PERRIN, and CECILIA GIBSON.

And a great big virtual “high ten” to these employees who obtained temporary or permanent postings since our last Bulletin – at their current status:

- **ANGELA FORCIER** – Permanent Part-Time CSW, Maxey Road Home
- **ALANNA GATES** – Permanent Part-Time CSW, Kennedy Home.
- **ASHLEY SMITH** – Floating Program Manager, Administration (covers temporary Program Manager absences)
- **BRUCE WHITEHEAD** – Permanent Full-Time CSW, Westwood Lake Home
- **BETH WHELAN** – Temporary Part-Time VC, NACL Employment Services
- **DAN STAPLETON** – Permanent Full-Time CSW, Sherwood Home
- **DAVID HARLEY** – Temporary Full-Time CSW, Caspers Way Home
- **DERRICK MOORE** – Permanent Part-Time CSW, Nottingham Home
- **GARY EDWARDS** – Permanent Part-Time Accountant, Administration
- **GINNY LORD** – Permanent Part-Time CSW, Maxey Road Home
- **GLENDA STROOMER** – Permanent Part-Time CSW, Kennedy Home
- **JANIS BATES** – Permanent Part-Time CSW, Westwood Lake Home
- **JOANNE THOMAS** – Permanent Part-Time CSW, Maxey Road Home
- **KATHY VOGT** – Permanent Part-Time CSW, Jingle Pot Home
- **MARGARET MULHOLLAND** – Temporary Part Time PC1, NACL Employment Services
- **MAX MILES** – Temporary Full-Time Acting SRW, Caspers Way Home
- **MONTE DOERKSON** – Permanent Full-Time CSW, Westwood Lake Home
- **NATHAN MARTYN** – Permanent Full-Time CSW, Westwood Lake Home
- **OONA BARRERA** – Temporary Part-Time CSW, Kennedy Home
- **STEVE CLARINGBULL** – Permanent Part-Time CSW, Caspers Way Home
- **TOM NICHOLSON** – Permanent Full-Time CSW, Westwood Lake Home
- **RAMONA PASSARELLO** – Permanent Full-Time PC1, Actions Day Program/Life Long Learning



Being there's a lot of acronyms above, let's quickly define them again:

- **CSW** – Community Support Worker
- **VC** – Vocational Counsellor
- **PC1** – Program Coordinator 1
- **SRW** – Senior Residence Worker



Until next time—take care, and I'll catch up with you again in November!

You Make a Difference Thank You for all you do!

Program *update*

By: Sara Gilks, Program Coordinator 1



We here at Actions Day Program have been doing our best to get some sense of normalcy back in these tumultuous times. We have a limited number of people in at any one time to ensure physical distancing – however, we aren't leaving anyone out. We have opened program on Saturdays to ensure everyone still has a chance get out of the house in a safe and fun way. We have divided our groups into pods so as to keep physical distancing and ensure the safety of everyone here.

While many community activities are still closed, we have been getting creative in what we do...anything from destination sketching, great outdoor walks in local places, to using Zoom to have our local musician Paul Gogo entertain us from his home.

We are also having Dance Jams once a month with Crimson Coast Dance Society – the latest being August 28th from 1-2 p.m. Hope you caught the invitation on NACL's social media – and stay tuned for the next one!



At Little
Qualicum Falls...
←←←



ALL THINGS



*By: Barb Barry,
Person Centered Practices/
Employment Services Manager*

We are still going strong on our Person Centered Thinking and Person Centered Doing. In the COVID-19 world, much has changed for people... having to switch gears and focus on meaningful ways to help people have what really matters to them in their lives.

Being person centered in this time has also given us the opportunity to look at what is important to and for with individuals, and then do some thinking, planning, and acting on what exactly that means for someone.

Most of us have found that technology is our friend...using Zoom calls and driveway-distanced visits and many other imaginative ways to keep connected. Staff have been very creative in how they are meeting individuals' needs. Birthdays and important routines are rituals that continue to be honoured, for example, with backyard celebrations and meetings in park and back decks! You'll see many pictures and amazing stories that give testimony to this.

**“creativity is
intelligence
having FUN”**

- ALBERT EINSTEIN



In the last Bulletin, I mentioned that NACL would be looking at the Person Centered Planning (PCP) process as it happens now, with feedback from Actions Day Program. I am happy to say that their feedback, derived from using the Working/Not Working tool, has led to positive changes in the amount of information required, as well as redefining roles and responsibilities for the documentation of each plan.

Our recent survey results show that individuals and support staff say that YES – Person Centered Thinking and Planning make a positive difference in someone's life.

Moving forward, our efforts focus on capturing all of this in a Person Centered Plan, and keeping that “alive” – documenting, refreshing, and reviewing. Or, as we have come to know it:

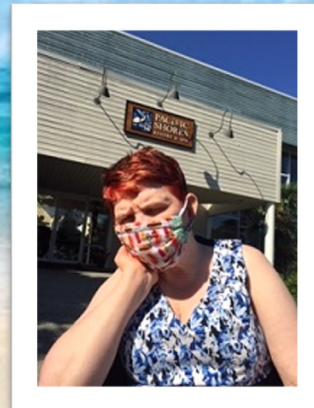
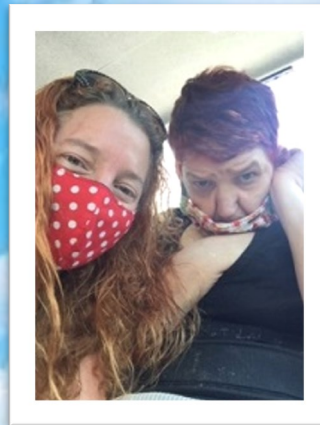
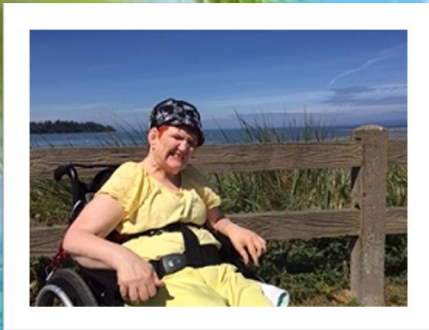
- ✓ **Person Centered Thinking**
- ✓ **Person Centered Doing**
- ✓ **Person Centered Documenting**





...at Turner Connection!

By: Doug Rollings, Community Support Worker



The warm summer temperatures has brought our residents out into the nice weather. Often as you drive by, you can see our residents sitting out front of the house in the sunshine. If you stop by to say "Hello," don't be surprised to hear the radio turned up loud.

Brian and Care enjoyed two days of camping in July. Brian said that the best part of camping was sleeping in the tent. In fact, he liked it so much they're going to go for two more days in August.

Barbie just came back from an overnight at a hotel in Parkville. Our staff member Regan planned a couple full days as they went to restaurants, walked along the boardwalk, and did some serious relaxing. Barbie looked lovely in her beautiful dress as they walked along the ocean and enjoyed the warm breezes.

All of us at Turner Connection Home want to welcome Samantha Brahniuk to our team as our new Part-Timer—we appreciate all of her hard work and the energy that she brings.



OHS & NEWS

OCCUPATIONAL HEALTH & SAFETY



By Peter Letts,
Quality Assurance Manager

The **OH&S Committee** continues to meet monthly via Microsoft Teams.

Our big push this past few months has been to organize **training** during the pandemic. Committee members participated in various webinars on Health and Safety during the COVID-19 pandemic, hosted by the BC Federation of Labour. Thanks to some innovative strategies, the Association was able to offer **Compassionate Communications Training** as part of the **Healthy Teams** initiative. We have also been able to offer training on **investigations and inspections** via Zoom, through the BC Municipal Safety Association.

The Committee reviewed the **spring inspections** that were completed by SRWs, and everyone has completed inspections and documented action items.

It was also noted that Safe Care BC has a website called **Care for Caregivers** (<https://careforcaregivers.ca>) that provides information resources to people working in the sector.

The Committee meets on the **fourth Thursday of every month**, so Thursday August 27th is our next meeting (as of this writing). Please address any health and safety concerns to either your **site representative** or **Max Miles**.

In the meantime, **stay safe!**



CAREFORCAREGIVERS

Mental health support for health care providers

<https://careforcaregivers.ca>

Take Care



**COMPASSIONATE
COMMUNICATIONS**

Stay Safe
AND
Healthy

what's shakin'**...at Jingle Pot Home!**

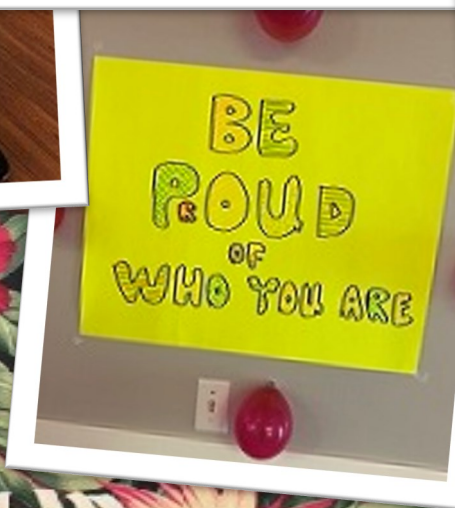
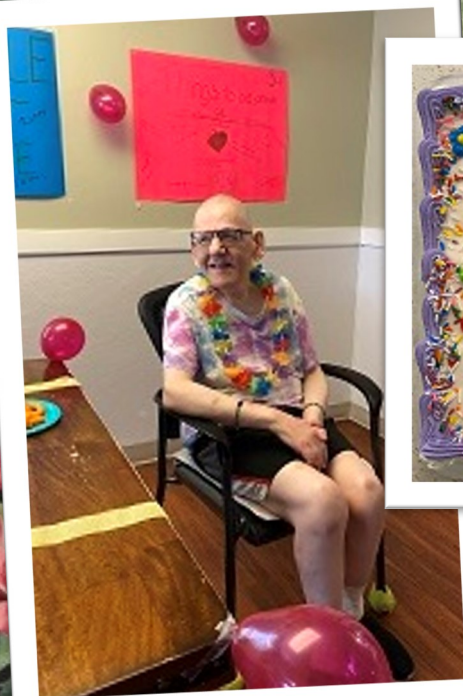
By: Jamie Telford, Senior Residence Worker

It has been quite eventful the last few months at Jingle Pot Home. We had our Pride Party, where everyone talked about all things that they are proud of about themselves, and we had cake!

Bembay had her 50th birthday and enjoyed a physically-distanced visit with her family—she loved all the birthday presents she received.

With the nice weather, we have been getting a lot of visitors that Wendy just loves to see. There is a really nice rabbit that keeps on coming by, and will even let us pet him...then there are the colourful peacocks that come by at least twice a week.

Things have been good here, and we have been keeping busy with our animal visitors and gardening. We hope everyone else is doing well.



Program *update*



EMPLOYMENT SERVICES

By: Barb Barry, Person Centered Practices/Employment Services Manager
...and Kim Adam, Employment Specialist

NACL Employment Services has been supporting all our job seekers in their COVID-19 journey – some waiting to return to work, some returning to work with altered shifts, and others who kept working.

Finding or keeping a job for anyone is challenging right now, when many businesses have closed their doors or been forced to scale down their workforce. This has galvanized the Employment Services Team to work even harder to support our job seekers in their quest.

Essential workers KH (below) and HH experienced added cleaning duties between processing grocery orders, while continuing to provide prompt and courteous service to customers often bewildered by the new safety protocols in place.



save on foods



WE APPRECIATE YOU!

The Backyard Wild Bird and Nature Store (www.thebackyard.ca) has always been scrupulous in providing clean products for their customers – COVID-19 restrictions meant changing their exchangeable birdseed jugs to single-use plastic bags.

JM had an efficient routine down pat for filling those birdseed jugs – now he's working to avoid costly spillage as he fills the new bags. More frequent handwashing, sanitizing equipment, and wearing a mask while working are additional responsibilities for everyone in the store. JM says he also must keep tabs on where co-workers and customers are, so he can maintain the proper physical distance at all times.

Kudos to all of you working or looking for work...for your strength, commitment, and for rising to meet the challenges of employment in the time of COVID-19.



Colin Bartlett, The Backyard Wild Bird and Nature Store owner, with JM



IMPROVE & GROW

*By Barb Barry, Person Centered Practices/
Employment Services Manager*



Taking this opportunity to do a SHOUT OUT to all the amazing coaches! Thank you for all your work and efforts in helping to further embed Person Centered Thinking at NACL...we couldn't do it without you! ☺

Angela Trimble

Aidi Yang

Alexandra Smith

Amanda Cassen

Amy Schwartz

Ashley Smith

Beth Whelan

Cindy Griffin

Colin Pippy

Courtenay Otto

Debra Buvyer

Gretchen Brown

Jaesann Schram

Jamie Telford

Jennifer Carano

Lanita Audet

Randy Humchitt

Suzanne Lalonde

Vince Isaacson

Wendy Killin

Robin Shannon

Shaley Marino





...at Caspers Way Home!

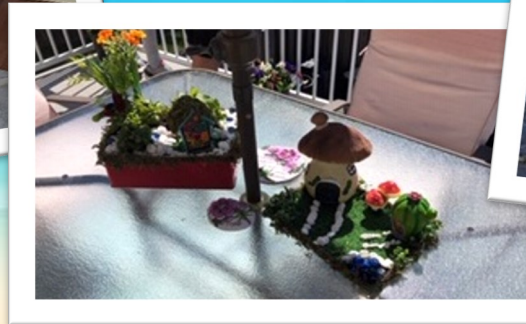
By: Aidi Yang, Senior Residence Worker

What a great summer for the crew at Caspers! The house has enjoyed a fresh coat of paint, and we have a beautiful new deck. Our garden is growing strong...giving us delicious fresh potatoes, herbs, and kale for our table.

Edwin is enjoying new living room furniture, and Josh has a lovely new bedroom set. Kelsey's new aquarium has been a big hit!

As summer has joined us, we've delighted in numerous swimming expeditions to lovely spots around the island, including Saratoga Beach, Sproat Lake, Westwood Lake, and elsewhere.

We've begun having Monday afternoon concerts in the yard, with drinks and snacks—and our very own Dave Harley providing the music! Here's to the autumn season bringing more adventures, growth, and rock and roll at Caspers Way! ☺



**Yes! We're
BACK**

VIRTUAL FITNESS CLASSES

Same time, same days...but now we're doing it on Zoom!

Want a safe and FREE workout to be able to do from the comfort of your chosen space,
taught by a certified fitness instructor who used to work for NACL?

By all means, please join us! All ages/fitness levels are welcome. ☺

(You can even check it out before you decide to try it...)

TUESDAY & Thursday
4.30PM-5.30PM

For more info, contact Marlena at (778) 268-2022

RELAXATION session

...the **FIRST** Tuesday of every month!



next **one**



<https://us02web.zoom.us/j/88967479610>

Password: 930729

#EVERYONEWELCOME



membership
questions?

CONTACT

Nanaimo Association for Community Living
c/o Marlena Stewart, Executive Assistant
#201 – 96 Cavan Street
Nanaimo, BC V9R 2V1
Office: 250-741-0224, ext. 224
Cell: 778-268-2022
Fax: 250-741-0227

WEBSITE

www.nanaimoacl.com

SOCIAL MEDIA

Facebook: facebook.com/nanaimoacl
Twitter: [@nanaimoacl](https://twitter.com/nanaimoacl)
Instagram: [@nanaimoacl](https://instagram.com/nanaimoacl)
LinkedIn: linkedin.com/in/nanaimoacl



notice of 34th annual general meeting

**“Building inclusive communities,
one bridge at a time.”
SINCE 1986**

You are cordially invited to attend NACL's
34th Annual General Meeting:

Monday, September 28, 2020 – 7:00 p.m.

To be held online, using Zoom:

<https://us02web.zoom.us/j/85720861874>

Passcode: 280920

(All you need is an internet connection,
and/or to download the Zoom app for free.)

Hope to see you there!

(Zoom “Waiting Room” for checking in will open at 6:30 p.m.)

Per NACL Bylaws, in order to be in good standing and have voting privileges,
memberships must be paid by **11:59 p.m. on Sunday, September 13, 2020.**

**Contact Marlena Stewart, Executive Assistant,
for details and/or assistance at
(250) 741-0224, ext. 224, (778) 268-2022
or marlena.stewart@nanaimoacl.com.**

*thanks
for your
support*

**“A person-centered approach is the way we challenge
ourselves, our communities, the people we support, and
families to be innovative as we help each other live
fulfilled lives.”**



address >>>

#201—96 Cavan Street
Nanaimo, BC V9R 2V1

phone >>>

(250) 741-0224

fax >>>

(250) 741-0227

web >>>

www.nanaimoacl.com

e-mail >>>

info@nanaimoacl.com

facebook >>>

www.facebook.com/nanaimoacl

twitter >>>

[@nanaimoacl](https://twitter.com/nanaimoacl)

instagram >>>

[@nanaimoacl](https://www.instagram.com/nanaimoacl)

HELP US GO GREEN!

Thanks to all of you in our NACL family who are currently receiving our What's Happening newsletter by e-mail.

If you're currently getting it in paper copy and would like to help us "GO GREEN," please e-mail:

marlena.stewart@nanaimoacl.com



*"Building inclusive communities,
one bridge at a time."*

*Your Feedback is
Welcome...*



We'd love to hear from you...

E-mail your comments to
Graham Morry, Executive Director:

graham.morry@nanaimoacl.com

CREATED/EDITED BY:

Marlena Stewart

NACL ON



Make sure to follow NACL on social media, so you can keep up with all the cool, fun things we're doing—plus articles/links of interest we often post! ☺

If you don't follow us already, join us at:



www.facebook.com/nanaimoacl
(or look us up by name in the search bar!)



[@nanaimoacl](https://twitter.com/nanaimoacl)



Instagram

[@nanaimoacl](https://www.instagram.com/nanaimoacl)



https://www.youtube.com/channel/UC41eM8tnUtjNRM68QmSQ_GQ



HAPPY Birthday!

We'd like to extend our **HAPPIEST BIRTHDAY WISHES** to all persons served, employees, and home share providers who have celebrated or will be celebrating birthdays since our last Bulletin. There are so many people in our NACL family now, it would take pages to list you all. Just know that even though we're not listing you by name here, you're all very special to us and are very much appreciated – NACL wouldn't be what it is without each and every one of you! ☺