

a little bit of

What's *happening?*



Welcome to this quarter's **MINI** issue

We've got a special abbreviated edition of NACL's "What's Happening" for you this quarter—but we still hope it will keep you sufficiently informed and entertained until we bring back a more typical, full issue at the end of May!



Welcoming the new year, 2024 is shaping up to be an exciting time of growth and continuous improvement for our organization as we, per our Mission Statement, **actively support as many people with diversabilities as possible in their journey to lead**

THRIVING LIVES

Those last two words inform everything we do—including the decisions that are made for what services we provide, and how. While our focus first and foremost is always on providing the best care and support we can for those we serve, we also strive to be a sector leader in the way we operate—with our foundations of Person Centered Planning, health and safety, and both longtime/newly-formed relationships helping us build resiliency through sustainability and forward-thinking.

The road ahead will be an exciting adventure—so thanks for being there with us on the ride!



In this issue >>>

<i>Introduction</i>	1
<i>Inclusion BC Conference</i>	2
<i>2024 BBQ—Save the Date!</i>	2
<i>One Picture, One Caption</i>	3
<i>Tribute to Ka-Ton-Coos (Kelly) Murray</i>	7
<i>Social Media/Birthday Wishes</i>	8



Happy READING





SAVE THE DATES!

We mentioned it in our last newsletter, and now **REGISTRATION IS NOW OPEN!** Join us **May 30 to June 1, 2024** at the **Vancouver Island Conference Centre** for **Inclusion BC's annual conference ("Everybody Belongs")** with our fabulous co-hosts **Clay Tree Society** and the **BC Self-Advocate Leadership Network Society**.

For more information on the incredible selection of workshops and presentations on offer—or better yet, to register, visit:

<https://inclusionbc.org/conf-2024>

But Wait...
THERE'S MORE!



Our
BBQ
is **BOOKED**



Join us, and come hungry!



It's a little earlier this year, but we're excited to be back at **Maffeo-Sutton Park's Pavilion and Lawn** for the event that brings our **whole NACL family** together—and THEN some!

Join us for great food, music, special guests, and the honour of your company—and don't worry, we'll make sure to remind you again closer to the day.

Hope to see you on **Friday, June 14, 2024** from **11-2!** ☺

ONE

picture

ONE

caption



We challenged our programs and regular Bulletin contributors to come up with **ONE picture** and **ONE caption** each that represents what's happened over the past few months since our last newsletter, or what's happening now. Here's what they shared!



Our "claws" have been fully into audit mode as we've been preparing for our external Certificate of Recognition (CoR) review happening February 20-23!

OHS
OCCUPATIONAL HEALTH & SAFETY



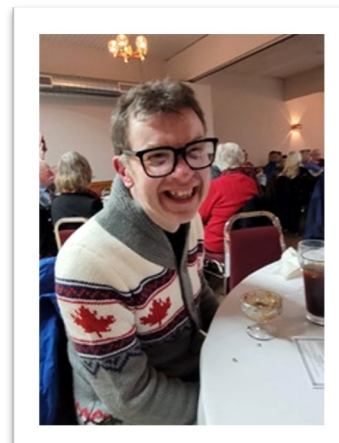
At Actions...

Here are most of the participants of this session's Club Wellness group, showing their muscles and such!



At Prideaux...

Bad weather? At Prideaux, there's no such thing! We took the opportunity to build a new friend. Meet Mr. Grumpy Face, our snow pal built and named by one of our persons served and staff!



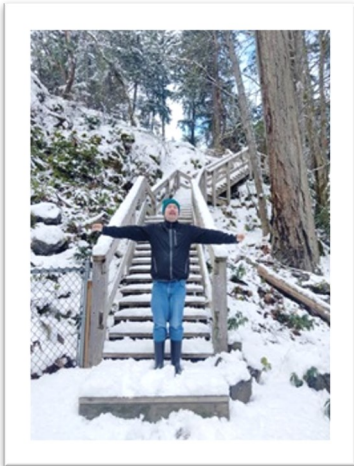
At Turner...

Enjoying a fancy Robbie Burns supper out with entertainment and dancing, too.

This smile tells a thousand words!

It's good to put on your best clothes and go out celebrating!

Sharing our adventures...



At Nottingham and Sherwood...

The duplex has embraced the winter weather!



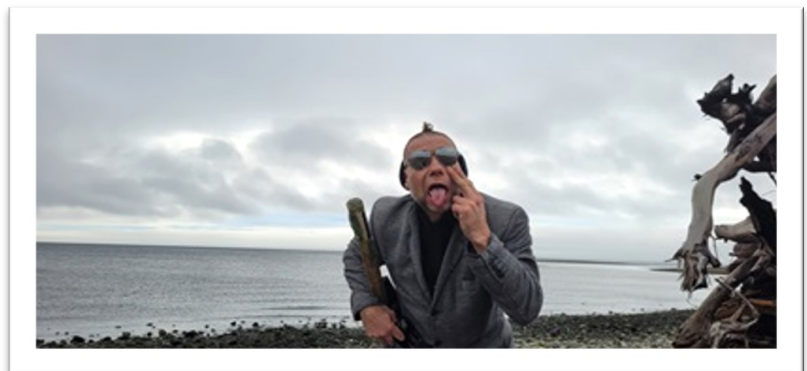
At Maxey...

Through the snowy weather, the Maxey household has enjoyed cooking and sharing some lovely meals together.

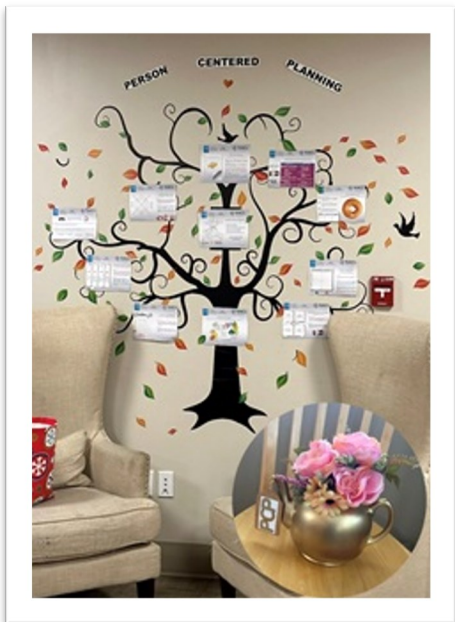
It's the place to be on a cold and wintry day!

At Coombs...

Here's EK looking stylish on Parksville Beach!

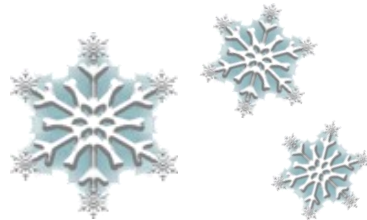


This is real life...



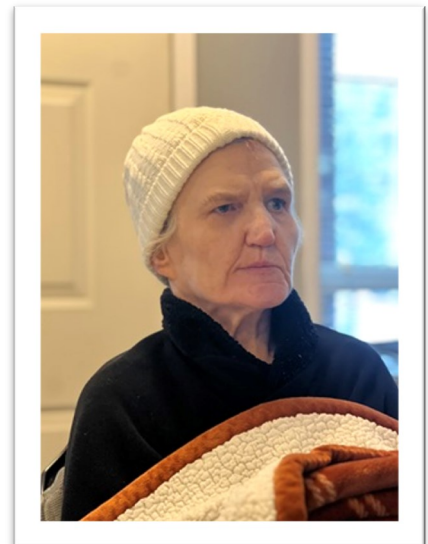
At Uplands...

We're showing off our Person Centered Thinking (PCT) tree, and the award we won for it!



At Turner...

We're getting ready to embrace the cold weather once again!



At Westwood...

January literally FLEW by, as the boys took advantage of no school and plenty of snow!



have fun.

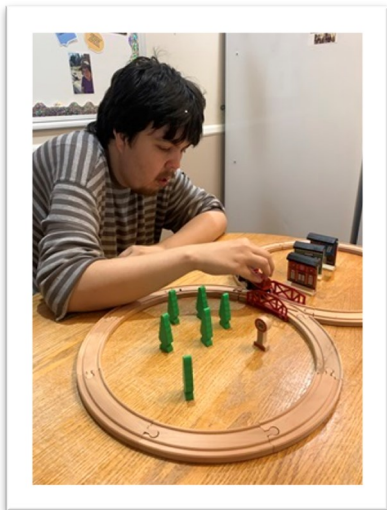
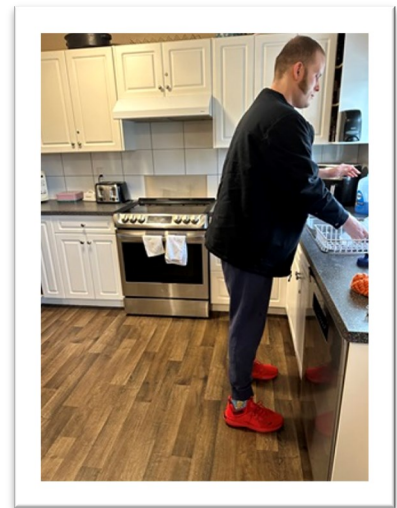
... and we're here to enjoy it!



At Caspers...

Here's KW rocking in style, with the reddest shoes you can find on the market.

He always fills up the water bottle before heading out. That's a good habit to have!



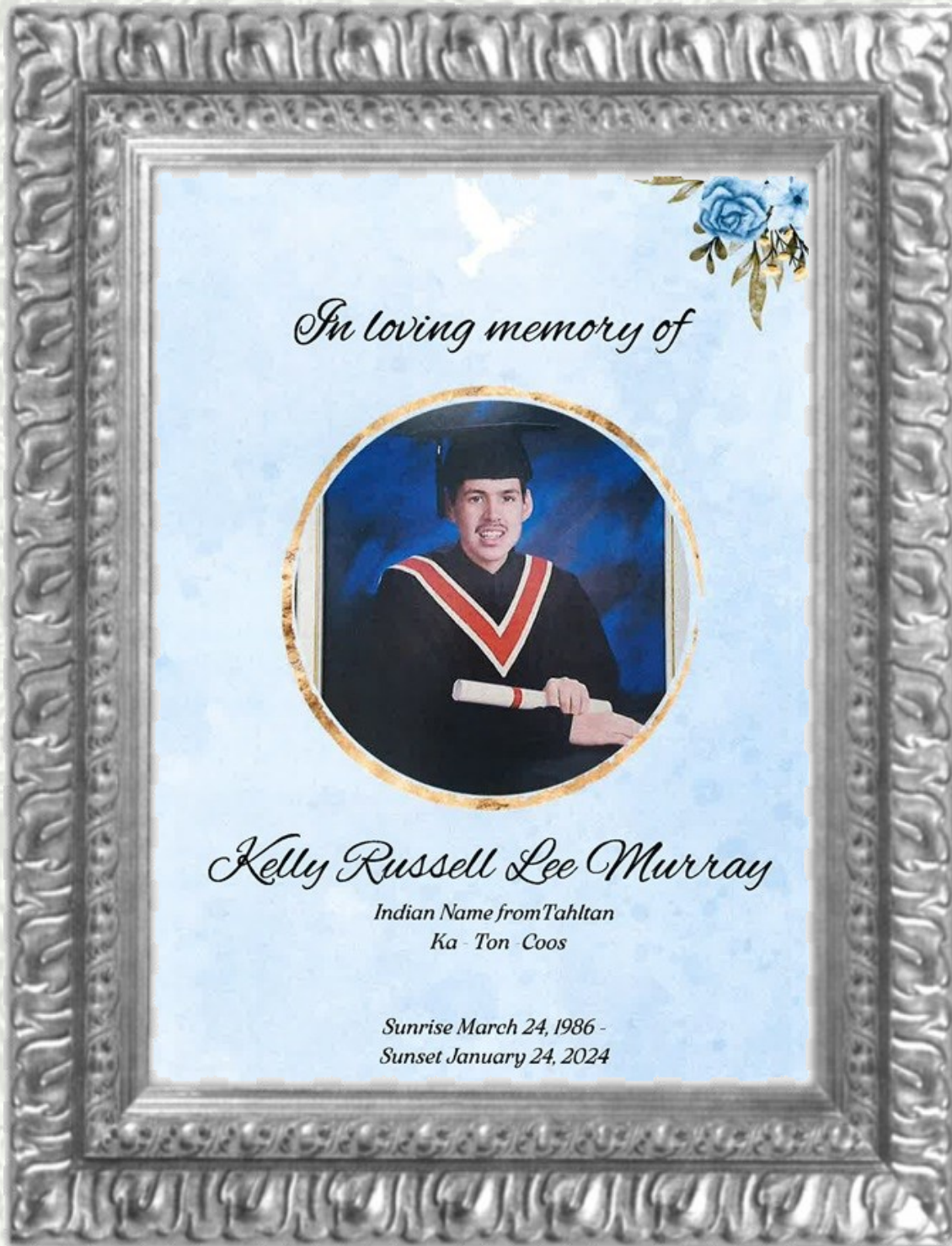
At Portsmouth...

Here's BS setting up his new train track that he got for Xmas!



REMEMBER... **DO** WHAT YOU **LOVE** AND **LOVE** WHAT YOU **DO**

KEEP THRIVING



He hadn't been in NACL's services for a few years, but we were heartbroken to learn of the passing of longtime Actions Day Program participant, Ka-Ton-Coos (Kelly) Murray, who had also lived in Home Share.

Our thoughts and deepest condolences are with his family and to all who loved and cared for him.

Prayers and services were held on February 5 and 6, 2024 to honour his life and memory.



address >>>

#201—96 Cavan Street
Nanaimo, BC V9R 2V1

phone >>>

(250) 741-0224

fax >>>

(250) 741-0227

web >>>

www.nanaimoacl.com

e-mail >>>

info@nanaimoacl.com

facebook >>>

www.facebook.com/nanaimoacl

twitter >>>

[@nanaimoacl](https://twitter.com/nanaimoacl)

instagram >>>

[@nanaimoacl](https://www.instagram.com/nanaimoacl)

linkedin >>>

www.linkedin.com/company/nanaimoacl

HELP US GO GREEN!

Thanks to all of you in our NACL family who are currently receiving our What's Happening newsletter by e-mail.

If you're currently getting it in paper copy and would like to help us "GO GREEN," please e-mail:

marlena.stewart@nanaimoacl.com



Envisioning "a world where all people with diversabilities thrive."

Your Feedback is Welcome...



We'd love to hear from you...

E-mail your comments to
Graham Morry, Executive Director:

graham.morry@nanaimoacl.com

CREATED/EDITED BY:

Marlena Stewart

NACL ON



Make sure to follow NACL on social media so you can keep up with all the cool, fun things we're doing—plus articles/links of interest we often post! ☺
If you don't follow us already, join us at:



www.facebook.com/nanaimoacl
(or look us up by name in the search bar!)



[@nanaimoacl](https://twitter.com/nanaimoacl)



[@nanaimoacl](https://www.instagram.com/nanaimoacl)

Instagram



www.linkedin.com/company/nanaimoacl
(or look us up by name in the search bar!)



<https://bit.ly/3oAxhCS>



HAPPY Birthday!

*We'd like to extend our **HAPPIEST BIRTHDAY WISHES** to all persons served, employees, and home share providers who have celebrated or will be celebrating birthdays since our last Bulletin. There are so many people in our NACL family now, it would take pages to list you all. Just know that even though we're not listing you by name here, you're all very special to us and are very much appreciated – NACL wouldn't be what it is without each and every one of you! ☺*